# Preventive Care and Screening: Body Mass Index (BMI) Screening and Follow-Up Plan eCQM CMS69v11

07/24/2024 7:30 pm EDT

#### **Description:**

Percentage of patients aged 18 years and older with a BMI documented during the current encounter or during the measurement period AND who had a follow-up plan documented if BMI was outside of normal parameter.

#### Guidance:

**BMI** Measurement Guidance:

- Height and Weight An eligible professional or their staff is required to measure both height and weight. Both height and weight must be measured during the measurement period. Self-reported values cannot be used.
- The BMI may be documented in the medical record of the provider or in outside medical records obtained by the provider.
- If the documented BMI is outside of normal parameters, then a follow-up plan is documented during the encounter or during the measurement period.
- If more than one BMI is reported during the measurement period, and any of the documented BMI assessments is outside of normal parameters, documentation of an appropriate follow-up plan will be used to determine if performance has been met.
- Review the exclusions and exceptions criteria to determine those patients that BMI measurement may not be appropriate or necessary.

Follow-Up Plan Guidance:

• The documented follow-up plan must be based on the documented BMI, outside of normal parameters, example: "Patient referred to nutrition counseling for BMI above or below normal parameters." See the Definition section for examples of follow-up plan treatments.

Variation has been noted in studies exploring optimal BMI ranges for the elderly (see Donini et al., [2012]; Holme & Tonstad [2015]; Diehr et al. [2008]). Notably, however, all these studies have arrived at ranges that differ from the standard range for ages 18 and older, which is >=18.5 and < 25 kg/m2. For instance, both Donini et al. (2012) and Holme and Tonstad (2015) reported findings that suggest that higher BMI (higher than the upper end of 25kg/m2) in the elderly may be beneficial. Similarly, worse outcomes have been associated with being underweight (at a threshold higher than 18.5 kg/m2) at age 65 (Diehr et al. 2008). Because of optimal BMI range variation recommendations from these studies, no specific optimal BMI range for the elderly is used. However, it may be appropriate to exempt certain patients from a follow-up plan by applying the exception criteria. See the Denominator Exception section for examples.

This eCQM is a patient-based measure. This measure is to be reported a minimum of once per reporting period for patients seen during the reporting period.

This measure may be reported by eligible professionals who perform the quality actions described in the measure based on the services provided at the time of the qualifying encounter and the measure-specific denominator coding.

Telehealth encounters are not eligible for this measure because the measure requires a clinical action that cannot

be conducted via telehealth.

This version of the eCQM uses QDM version 5.6. Please refer to the eCQI resource center (https://ecqi.healthit.gov/qdm) for more information on the QDM

#### **Initial Population:**

All patients aged 18 and older on the date of the encounter with at least one eligible encounter during the measurement period.

Date of birth information can be entered in DrChrono in the patient chart under the **Demographics** tab with the **Patient's Date of Birth**.

+ Add new patient	Jenny (Jen) Harris (Female   43 years old   Feb. 11, 1980)
Demographics	Phone: (443) 555-5555 Email: sample@sample.com Date Added: Oct. 13, 2021 Address: 328 Gibraltar Dr Last Scheduled Appt: Wed Feb 15, 2023
Appointments	Sunnyvale , CA 94089 Next Scheduled Appt:
Clinical Dashboard	CDS: Adult Immunization Schedule Age: 27-49
Documents	Primary Provider: Dr. James Smith
Eligibility	New Referral         Fax Demographics         Print Demographics         Apple Health App Data         Vitals
Tasks 1	Important Demographics Insurances Authorizations Smoking Status Flags Balance onpatient Payments
Problem List	✓ Sufficient patient demographics to bill insurance. Fall Risk Gestational Diabetes Likes Cats
Medication List	
Send eRx	Demographics
Allergy List	Patient SSN 111-11-1111
Drug Internationa (B)	Patient Date of birth 02/11/1980 e.g. 8/8/1979

#### With an encounter during the measurement period where BMI could be assessed

#### **CPT Codes:**

90791, 90792, 90832, 90834, 90837, 96156, 96158, 96159, 97161, 97162, 97163, 97165, 97166, 97167, 97802, 97803, 99202, 99203, 99204, 99205, 99212, 99213, 99214, 99215, 99236, 99304, 99305, 99306, 99307, 99308, 99309, 99310, 99315, 99316, 99318, 99324, 99325, 99326, 99327, 99328, 99334, 99335, 99336, 99337, 99339, 99340, 99385, 99386, 99387, 99395, 99396, 99397, 99401, 99402

#### **HCPCS Codes:**

D3921, D7111, D7140, D7210, D7220, D7230, D7240, D7241, D7250, D7251, G0101, G0108, G0270, G0271, G0402, G0438, G0439, G0447, G0473

CPT and HCPCS codes can be entered into the billing section for the encounter. Below is an example from the appointment window.

Appointme	ent Bi	lling	Eligibility	Vitals	Gro	wthcharts	Flags	Log Comm.	Revisions	Custom Data	MU Helper	
Institut	tional Claim	n						Patient SuperE	Bill 👻 Clinic	al Note Billing	Details Oth	ner Forms 🔻
	8 Billing	Status			~		HCFA Bo	x 10 - Is patient's	condition rela	ated to:		
	ICD V	/ersion	ICD-10		~			Employment	No	~		
	Patient Pa	yment	\$ 0	Copay: \$2	.0 +			Auto Accident	No	~		
Pre Auth	orization Ap	oproval						Other Accident	No	~		
	Ref	ferral #										
	Payment	Profile	Insurance		~			Onset Date Type	Onset of Cu	urrent Symptom	IS O ¥	
	Billing	Profile		~ <b>+</b>				Onset Date				
	Billing Pi	ck List	Choose Co	des from Pick I	.ist			Other Date Type	- Other Dat	е Туре -	~	
D	iagnosis Pi		Choose Co	des from Pt Pro	blems			Other Date				
	dit Card Pa		Process Cr	edit Card								
Claim Billed	\$145.00	Adjustm	nent: \$0.00	Insurer Paid	\$0.00	Patient Paid	1: \$0.00					
ICD-10 C	Codes			Find Diagnosi	s codes			T Codes		Find CPT	Procedure co	des 🔸
# Cod	le	I	Description	I			Code	e Description			Price (\$)	
							1 992	OFFICE O/P	EST LOW 20-2	9 MIN	145.00	×
ICD-9 Co	odes to C	Conver	t	Find Diagnosi	s codes	+		Modif	fiers: 🛛 🗸	·] •]	- • [ •	
# Cod	le	1	Description	I				Quantity/Minu	utes: 1.00			
NDC Cod	des			Find NDC Co	les	ŧ		Diagnosis Poin	ters: 1:0:0:0			
NDC Code		Quantity	,	Units L	ine Item							
						-	но	PCS Codes		Find HCP	CS Procedure	codes 🖊
Custom (	Codes			Find Custom	Procedure	e codes 🖊	Code	e Descri	ption	Price (\$)		
Code	Desc	cription		Prie	:e (\$)		1 G0	438 Ppps ir	nitial visit	0.00		×
								Modif	fiers: 🗸	· ] [ • ] [	- • •	

#### **Denominator:**

Equals initial population.

#### **Denominator Exclusions:**

Patients who are pregnant at any time during the measurement period.

Patients receive palliative or hospice care at any time during the measurement period.

#### **Denominator Exceptions:**

Patients with a documented medical reason for not documenting BMI or for not documenting a follow-up plan for a BMI outside normal parameters (e.g., elderly patients 65 years of age or older for whom weight reduction/weight gain would complicate other underlying health conditions such as illness or physical disability, mental illness, dementia, confusion, or nutritional deficiency such as vitamin/mineral deficiency; patients in an urgent or emergent medical situation where time is of the essence and to delay treatment would jeopardize the patient's health status).

Patients who refuse measurement of height and/or weight.

#### Numerator:

Patients with a documented BMI during the encounter or the measurement period, AND when the BMI is outside of normal parameters, a follow-up plan is documented during the encounter or the measurement period.

#### BMI can be documented in the Vitals section for the patient's encounter.

Schedule Appointn	nent						ж
Appointment B	illing Eligibility	Vitals G	rowthcharts	Flags Log C	Comm. Re	evisions Custom Da	a MU Helper
Units 🌣 🗸		1			F	ull Vitals History (pdf)	Full Vitals History (csv)
System Vitals		/	Note Re	ndering Options:	Newest to old	est 🗸 Date on side	• •
Name	01/13/2021 11:00 AM	01/19/2021 11:40 AM	01/20/2		0:20 AM	01/25/2021 10:00 AM	Current Visit 01/26/2021 at 07:10 AM
Temperature (f)							
Pulse (bpm)							
Blood Pressure (mmHg)							
Respiratory Rate (rpm)							
Oxygen Saturation (%)							
Height (in)							60
Weight (lbs)							200
BMI (kg/m2)						$\rightarrow$	39.06
Pain (1-10)							
Smoking Status							✓
Head Circumference (in)							

This will be saved in the patient's chart under the Physical Exam area in the CQMs section with the LOINC code 39156-5.

Allergy List	0						+ Nev
Drug Interactions	13	Physical Exa	m				+ Nev
CQMs		Datetime	Code	Description	Value	Units	
		Mar 30, 2023	LOINC: 39156-5		28.25	kg/m2	× ×
Intake Data		Mar 29, 2023	SNOMEDCT: 252779009	Single bright white flash electroretinography (procedure)			<ul> <li>X</li> </ul>
Lab Orders		Oct 28, 2022	LOINC: 8480-6	Systolic blood pressure	120		
		Oct 28, 2022	LOINC: 8462-4	Diastolic blood pressure	80		

Follow-up for high or low BMI can be documented in different areas depending on the code type.

## ICD-10

ICD-10 codes can be added to the billing or assessment section of a patient's appointment or in the patient's chart under the Problem List.

- Z71.3 Dietary counseling and surveillance
- Z71.82 Exercise counseling

Schedule Appoin	ntment						×	Enter Problem		×
Appointment	<b>Billing</b> Iaim	Eligibility Vitals	Growthcharts	Pa			er Other Forms ▼	Problem ICD Version	Exercise counseling	
IC	ing Status D Version t Payment	ICD-10 \$ 0 Copay: \$20	~ ~	E	patient's condition re nployment No Accident No	lated to:		ICD10 code SnoMED CT code	Z71.82	
Pre Authorization	n Approval Referral #				Accident No Date Type Onset of C	Current Symptoms o		Status	active	-
Bill	ent Profile ling Profile g Pick List	Insurance		Other	Dinset Date Date Type Other Da	te Type - V			3/30/2023 11:30AM 3/28/2023 01:40PM 3/24/2023 11:10AM 3/23/2023 11:30AM 3/22/2023 11:10AM	
Diagnosis Credit Card		Choose Codes from Pt Prob Process Credit Card	ems		Other Date				3/21/2023 09:50AM 3/16/2023 11:30AM 3/08/2023 11:30AM 3/02/2023 11:30AM	
Claim Billed: \$145.0		ment: \$0.00 Insurer Paid: \$		CPT Cod		Find CPT Procedure	and		Appointment associated with this prob recommended for reporting accuracy.	J lem. Highly
# Code Des	scription	ing and surveillance	×	Code	Description	Price (\$)		Close	Save	we and Add Another

### CPT Codes and HCPCS

CPT and HCPCS Codes for the follow-up can be entered in the billing section for the encounter.

Schedule Appointment									ж
Appointment Billing	Eligibility	Vitals	Growthcharts	Flags	Log Comm.	Revisions	Custom Data	MU Helper	
Institutional Claim					Patient SuperB	ill 🔹 Clinica	al Note Billing	Details Oth	ner Forms 🔻
Billing Status			~	HCFA Box 1	0 - Is patient's o	condition rela	ted to:		
ICD Version	ICD-10		~		Employment	No	~		
Patient Payment	\$ 0	Copay: \$20	+		Auto Accident	No	~		
Pre Authorization Approval					Other Accident	No	~		
Referral #				,	Denset Dets Times	Onset of Cu	rrent Sympton		
Payment Profile	Insurance	)	~	(	Onset Date Type	Offset of Cu	ment Sympton	150 •	
Billing Profile		<ul><li></li><li></li></ul>			Onset Date				
Billing Pick List	Choose C	odes from Pick List			Other Date Type	- Other Date	э Туре -	~	
Diagnosis Pick List	Choose C	odes from Pt Probl	ems		Other Date				
Credit Card Payment	Process C	redit Card							
Claim Billed: \$60.00 Adjust	ment: \$0.00	Insurer Paid: \$0	.00 Patient Paid:	\$0.00					
ICD-10 Codes		Find Diagnosis of	odes 🚽		Codes		Find CPT	Procedure co	des 🔸
# Code	Description	n		Code	Description			Price (\$)	
	4			1 97802	MEDICAL NU	JTRITION INDI	V IN	60.00	<b>×</b>
ICD-9 Codes to Conv		Find Diagnosis of	odes 🕂		Modifi	iers: 🛛 🗸	] • [	•	•]
# Code	Description	n			Quantity/Minu	ites: 1.00			
NDC Codes		Find NDC Code	•		Diagnosis Point	ters: 1:0:0:0			
NDC Code Quan	tity	Units Line	e Item						
				НСРО	CS Codes		Find HCP	CS Procedure	codes 🖊
Custom Codes		Find Custom Pro	ocedure codes 🖊	Code	Description			Price (\$)	
Code Description	ı	Price	(\$)	<b>1</b> G0447	Behavior co	unsel obesity 1	5m	0.00	<b>×</b>
					Modifi	iers: 🗸	•	~    ~	·  /2

## HCPCS codes

G0270

Medical nutrition therapy; reassessment and subsequent intervention(s) following second referral in same year for change in diagnosis, medical condition or treatment regimen (including additional hours needed for renal disease), individual, face to face with the patient, each 15 minutes

G0271	Medical nutrition therapy, reassessment and subsequent intervention(s) following second referral in same year for change in diagnosis, medical condition, or treatment regimen (including additional hours needed for renal disease), group (2 or more individuals), each 30 minutes
G0447 G0473 S9449 S9451	Face-to-face behavioral counseling for obesity, 15 minutes Face-to-face behavioral counseling for obesity, group (2-10), 30 minutes Weight management classes, non-physician provider, per session Exercise classes, non-physician provider, per session
S9452 S9470	Nutrition classes, non-physician provider, per session Nutritional counseling, dietitian visit
CPT Codes	
43644	Laparoscopy, surgical, gastric restrictive procedure; with gastric bypass and Roux-en-Y gastroenterostomy (roux limb 150 cm or less)
43645	Laparoscopy, surgical, gastric restrictive procedure; with gastric bypass and small intestine reconstruction to limit absorption
43659	Unlisted laparoscopy procedure, stomach
43770	Laparoscopy, surgical, gastric restrictive procedure; placement of adjustable gastric restrictive device (eg, gastric band and subcutaneous port components)
43771	Laparoscopy, surgical, gastric restrictive procedure; revision of adjustable gastric restrictive device component only
43772	Laparoscopy, surgical, gastric restrictive procedure; removal of adjustable gastric restrictive device component only
43773	Laparoscopy, surgical, gastric restrictive procedure; removal and replacement of adjustable gastric restrictive device component only
43774	Laparoscopy, surgical, gastric restrictive procedure; removal of adjustable gastric restrictive device and subcutaneous port components
43842	Gastric restrictive procedure, without gastric bypass, for morbid obesity; vertical-banded gastroplasty
43843	Gastric restrictive procedure, without gastric bypass, for morbid obesity; other than vertical- banded gastroplasty
43845	Gastric restrictive procedure with partial gastrectomy, pylorus-preserving duodenoileostomy and ileoileostomy (50 to 100 cm common channel) to limit absorption (biliopancreatic diversion with duodenal switch)
43846	Gastric restrictive procedure, with gastric bypass for morbid obesity; with short limb (150 cm or less) Roux-en-Y gastroenterostomy
43847	Gastric restrictive procedure, with gastric bypass for morbid obesity; with small intestine reconstruction to limit absorption
43848	Revision, open, of gastric restrictive procedure for morbid obesity, other than adjustable gastric restrictive device (separate procedure)
43886	Gastric restrictive procedure, open; revision of subcutaneous port component only
43888	Gastric restrictive procedure, open; removal and replacement of subcutaneous port component only
97802	Medical nutrition therapy; initial assessment and intervention, individual, face-to-face with the patient, each 15 minutes
97803	Medical nutrition therapy; re-assessment and intervention, individual, face-to-face with the
97804	patient, each 15 minutes Medical nutrition therapy; group (2 or more individual(s)), each 30 minutes

98960	Education and training for patient self-management by a qualified, nonphysician health care professional using a standardized curriculum, face-to-face with the patient (could include caregiver/family) each 30 minutes; individual patient Physician or other qualified health care professional qualified by education, training,
99078	licensure/regulation (when applicable) educational services rendered to patients in a group setting (eg, prenatal, obesity, or diabetic instructions)
99401	Preventive medicine counseling and/or risk factor reduction intervention(s) provided to an individual (separate procedure); approximately 15 minutes
99402	Preventive medicine counseling and/or risk factor reduction intervention(s) provided to an individual (separate procedure); approximately 30 minutes
97802	Medical nutrition therapy; initial assessment and intervention, individual, face-to-face with the patient, each 15 minutes
97803	Medical nutrition therapy; re-assessment and intervention, individual, face-to-face with the patient, each 15 minutes
97804	Medical nutrition therapy; group (2 or more individual(s)), each 30 minutes Education and training for patient self-management by a qualified, nonphysician health
98960	care professional using a standardized curriculum, face-to-face with the patient (could include caregiver/family) each 30 minutes; individual patient Physician or other qualified health care professional qualified by education, training,
99078	licensure/regulation (when applicable) educational services rendered to patients in a group setting (eg, prenatal, obesity, or diabetic instructions)
99401	Preventive medicine counseling and/or risk factor reduction intervention(s) provided to an individual (separate procedure); approximately 15 minutes
99402	Preventive medicine counseling and/or risk factor reduction intervention(s) provided to an individual (separate procedure); approximately 30 minutes
97802	Medical nutrition therapy; initial assessment and intervention, individual, face-to-face with the patient, each 15 minutes
97803	Medical nutrition therapy; re-assessment and intervention, individual, face-to-face with the patient, each 15 minutes
97804	Medical nutrition therapy; group (2 or more individual(s)), each 30 minutes Education and training for patient self-management by a qualified, nonphysician health
98960	care professional using a standardized curriculum, face-to-face with the patient (could include caregiver/family) each 30 minutes; individual patient Physician or other qualified health care professional qualified by education, training,
99078	licensure/regulation (when applicable) educational services rendered to patients in a group setting (eg, prenatal, obesity, or diabetic instructions)
99401	Preventive medicine counseling and/or risk factor reduction intervention(s) provided to an individual (separate procedure); approximately 15 minutes
99402	Preventive medicine counseling and/or risk factor reduction intervention(s) provided to an individual (separate procedure); approximately 30 minutes

## SNOMEDCT Codes

SNOMED CT codes can be entered in the patient's chart under the Intervention area of the CQMs section. Click the **+New** button.

Send eRx						+ New
Allergy List	0	Interventior	ו			Thew
	-	Datetime	Code	Description	Value	
Drug Interactions	13	Mar 30, 2023	SNOMEDCT: 182922004	Dietary regime (regime/therapy)		/ ×
CQMs		Dec 22, 2022	SNOMEDCT: 390864007	Referral for exercise therapy (procedure)		×
Intake Data		Aug 26, 2022	SNOMEDCT: 413473000	Counseling about alcohol consumption (procedure)		<ul> <li>×</li> </ul>
Lab Orders		May 25, 2022	HCPCS: G8417	Bmi is documented above normal parameters and a follow-up plan is documented	Obesity (disorder)	<ul> <li>×</li> </ul>

## You can enter the code or search by keyword. Select an appointment, performed or ordered, and then click **Create**.

Create Intervention	×	Create Intervention	×
Intervention	182922004 Required	Intervention	Dietary regime (regime/therapy)
Appointment	Dietary regime (regime/therapy) SNOMEDCT: 182922004	Appointment	4/06/2023 11:30AM
	Abuse prevention assessment (procedure) SNOMEDCT: 370881007		3/30/2023 11:30AM 3/28/2023 01:40PM
	Abuse prevention management (procedure) SNOMEDCT: 370884004		3/24/2023 11:10AM 3/23/2023 11:30AM
	Actions to lose weight (regime/therapy) SNOMEDCT: 248114003		3/22/2023 11:10AM 3/21/2023 09:50AM
	Admission by palliative care physician (procedure) SNOMEDCT: 305284002		3/16/2023 11:30AM 3/08/2023 11:30AM
	Admission to palliative care department (procedure) SNOMEDCT: 305381007		Highly recommended
Туре	Alcohol abuse prevention (procedure) SNOMEDCT: 408945004	Туре	Performed     Order
Datetime	Alcohol abuse prevention education (procedure) SNOMEDCT: 408947007	Datetime	03/30/2023 11:36
	Alcohol abuse prevention management (procedure) SNOMEDCT: 408948002		SNOMEDCT 182922004
Value	Alcohol abuse surveillance (regime/therapy) SNOMEDCT: 737363002	Value	(optional)
	Alcohol and/or drug services; methadone administration : Create		Create

182922004	Dietary regime (regime/therapy)
304549008	Giving encouragement to exercise (procedure)
307818003	Weight monitoring (regime/therapy)
370847001	Dietary needs education (procedure)
386291006	Exercise promotion: strength training (procedure)
386292004	Exercise promotion: stretching (procedure)
386373004	Nutrition therapy (regime/therapy)
386463000	Prescribed activity/exercise education (procedure)
386464006	Prescribed diet education (procedure)
410177006	Special diet education (procedure)
413315001	Nutrition / feeding management (regime/therapy)
418995006	Feeding regime (regime/therapy)
424753004	Dietary management education, guidance, and counseling (procedure)
443288003	Lifestyle education regarding diet (procedure)
183515008	Referral to physician (procedure)
183524004	Referral to psychiatry service (procedure)
183583007	Refer to mental health worker (procedure)
306136006	Referral to liaison psychiatry service (procedure)
306163007	Referral to dietetics service (procedure)
306164001	Referral to community-based dietetics service (procedure)
306165000	Referral to hospital-based dietetics service (procedure)
306166004	Referral to occupational therapy service (procedure)
306167008	Referral to community-based occupational therapy service (procedure)
306168003	Referral to hospital-based occupational therapy service (procedure)
306226009	Referral to mental health counseling service (procedure)
306227000	Referral for mental health counseling (procedure)
306252003	Referral to mental health counselor (procedure)
306344004	Referral to professional allied to medicine (procedure)
306353006	Referral to community-based dietitian (procedure)
306354000	Referral to hospital-based dietitian (procedure)
308459004	Referral to psychologist (procedure)
308470006	Referral to general physician (procedure)

308477009 Referral to psychiatrist (procedure)
390864007 Referral for exercise therapy (procedure)
390866009 Referral to mental health team (procedure)
390893007 Referral to physical activity program (procedure)
408289007 Refer to weight management program (procedure)
416790000 Referral for home physical therapy (procedure)

#### **Numerator Exclusions**

Not applicable

Measure Information