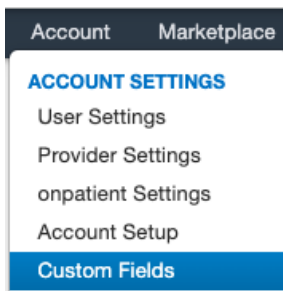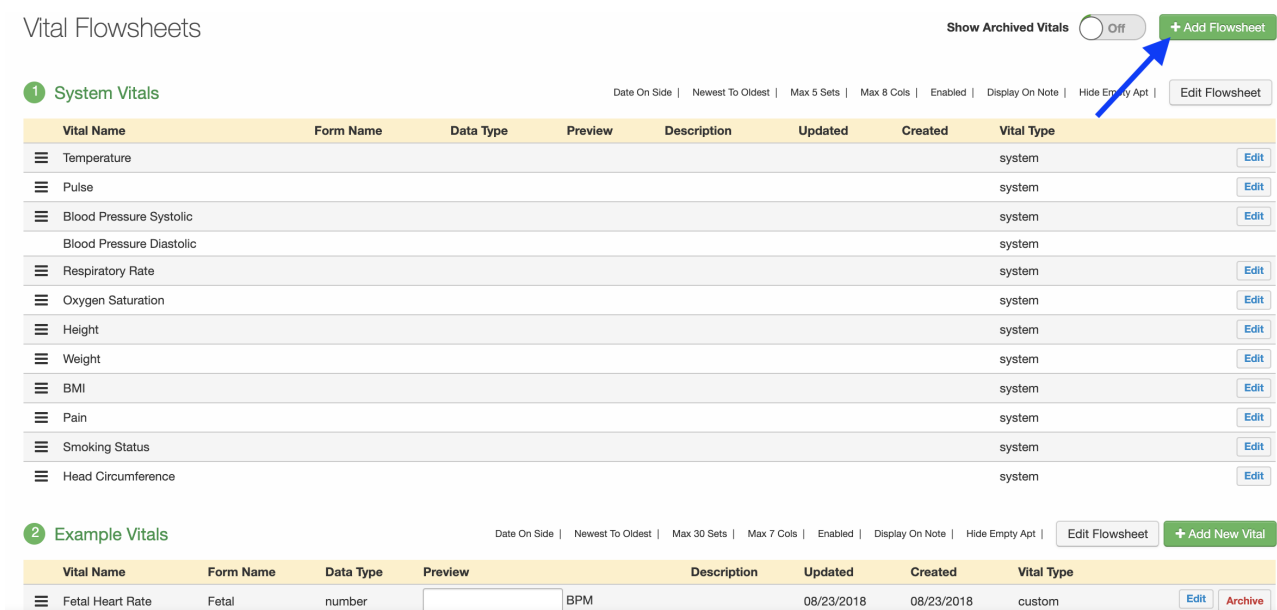# Adding Vitals to Vital Flowsheets

07/24/2024 12:09 pm EDT

You can add custom vitals to your Vital Flowsheets to track and monitor your patients in a way that works best for your practice and workflow. For example, if you needed to add another set of vitals to an appointment, you could create additional vital signs to use in the visit.

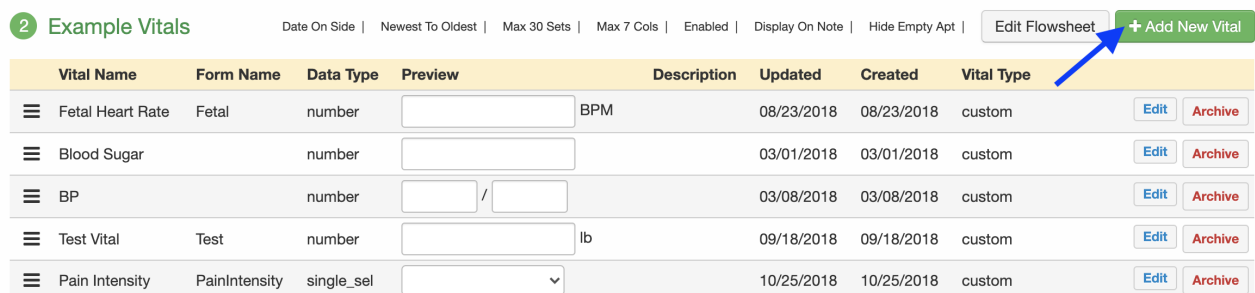1. To get started go to **Account** > **Custom Fields**, and select **Vital Flowsheets** on the left.

2. If you need to add a flowsheet, click **+Add Flowsheet** in the top right corner.

For more information on the **+Add New Flowsheet** fields, click here.

3. Once you have created a flowsheet or, if you already have one, click on **+Add New Vital**.

4. The **Create Vital** form will open. Here you can enter the information for your new vital sign.

You'll be presented with several fields:

- **Name**: The name of the custom vital. This is a required field.
- **Name on Form Builder**: The vital data can appear in areas outside of the vitals section on the clinical note. For example, if you wanted to include it in the narrative of your note. This can be set up in the form builder as long as you have filled out the **Name on Form Builder** field.

- **Data Type**: The type of data to be entered during the appointment.
  - The available selections are:
    - Plain Text - records typed text
    - Number - records a numerical value
    - Single-Selection - provides a list of values that can be selected. After selecting Single Selection in this form, a field to enter your list of values will appear.

Vital Name	Pain Intensity
Name on Form Builder	PainIntensity

This is the name of the vital when you add it to a medical form i...
the Generated Text section of the Form Builder.

Data Type	Single Selection ⌄
Single Selection Values	I have no pain at the moment The pain is very mild. The pain is moderate at the moment. The pain is severe.

- **Decimal Places**: The number of decimal places that the number requires. This field is not available if the 'Data Type' selection is not 'Number'.

Data Type	Number ⌄
Decimal Places	0 ⬍ (0-10)

- **Show + Sign Checkbox**: This checkbox enables or disables the use of positive or negative numbers and will show the + or - sign. This field is not available if the 'Data Type' selection is not 'Number'.

❓ Show + Sign ☑

Example Vitals

Fetal Heart Rate	+121 BPM	07/22/20
		+123 BPM

- **Unit:** The unit of the field entered (eg. 'kilograms'). You may also enter a custom unit. This field is not available if the 'Data Type' selection is not 'Number'.

⦿ System Unit   ◯ Custom Unit

✓
Gram (g)
Kilogram (kg)
Pound (lb)
Metre (m)
Centimetre (cm)
Inch (in)
Foot (ft)
Liter (L)
Millilitre (mL)

Unit   ◯ System Unit   ⦿ Custom Unit

[⌄] ml/Inspiration

- **Is Fraction**: Checking this box will indicate that there will be two fields that need to be filled out. Once this option is selected, a field that allows you to enter your delimiter will appear. Here you can use the standard fraction '/' delimiter or you can use whatever delimiter you need (eg. the '+/-' delimiter will allow you to enter precision in your appointment, "30.5 +/- 0.3").

❓ Is Fraction ☑

Fraction Delimiter [/] *E.g. /, +, -, ***

- **Description**: The description of your custom vital.

Once you set up your **Vital Flowsheet**, you can use it to track data within visits by entering them in the vitals section of the appointment window or clinical note. You can also make adjustments to how the vitals are rendered on the note in the vitals section.

System Vitals

Name	06/04/2020 03:10 PM	07/22/2020 07:10 AM	Current Vis... 07/23/2020 at 07...
Temperature (f)		100.00	98.60
Pulse (bpm)		98	97
Blood Pressure (mmHg)		120 / 87	121 / 86
Respiratory Rate (rpm)		90	90
Oxygen Saturation (%)			123.00
Height (in)			
Weight			[ ] lb [ ]
BMI (kg/m2)			
Pain (1-10)			
Smoking Status			[▾]
Head Circumference (in)			

Dropdown list:
1 appointment
2 appointments
3 appointments
4 appointments
5 appointments
6 appointments
7 appointments
8 appointments
9 appointments
10 appointments
11 appointments
12 appointments
13 appointments
14 appointments
15 appointments
16 appointments
17 appointments
18 appointments
19 appointments
20 appointments
21 appointments
22 appointments
23 appointments
24 appointments
25 appointments
26 appointments
27 appointments
28 appointments
29 appointments
30 appointments

Example Vitals

Name	06/04/2020 03:10 PM	07/22/2020 07:10 AM	Current Vis... 07/23/2020 at 07:10 AM
Fetal Heart Rate (BPM)		123	121
Blood Sugar		58.00	67.00
BP		123.0 + 87.0	122.0 + 87.0
Test Vital (lb)		128.0	123.0
Pain Intensity		I have no pain at the moment	The pain is very mild. ▾

The **Vital Flowsheet** will render on your note according to the settings you have created.

System Vitals

	07/23/20	07/22/20
Temperature	98.60 f	100.00 f
Pulse	97 bpm	98 bpm
Blood Pressure	121/86 mmHg	120/87 mmHg
Respiratory Rate	90 rpm	90 rpm
Oxygen Saturation	123.00 %	

Example Vitals

	Fetal Heart Rate	Blood Sugar	BP	Test Vital	Pain Intensity
07/23/20	+121 BPM	67.00	122.0+87.0	123.0 lb	The pain is very mild.
07/22/20	+123 BPM	58.00	123.0+87.0	128.0 lb	I have no pain at the moment